

Garden

September 2026

As the summer season wraps up our weekly classes will be moving back into the garden room after a three months of meeting on the Annex lawn

Sept 1-3 — Working in the gardens

This week we will plant seeds to grow vegetables in some of our beds over the fall & winter months. We'll be starting kales, chard, & lettuces, as well as spinach & peas. We'll also work on harvesting more herbs (strawberry, mints, & lemon balm) for our occasional tea parties. While we're at it we will pick & eat beans, kales, New Zealand spinach, tomatoes and our remaining carrots.

Sept 8-11 — Sunflowers

Activities

- Sunflower role-play
- Discuss parts of a sunflower
- Construct a sunflower
- Order sunflower heads by size
- Compare weights using fulcrum

Vocabulary

- Winter, Spring, Summer, Fall
- Flower, bud, petal, seeds
- Roots, stem, leaves
- Rain, sun, soil

Preschool sunflower (2025)



Objectives

- Demonstrate an understanding of the sunflower life-cycle
- Identify plant parts
- Make comparisons by weight & size
- Practice using fine-motor skills



Sept 15-18 — Potatoes

Activities

- Observe & note differences in potato varieties
- Play “Hot Potato” (Preschool/Pre-K)
- Discuss ways to prepare/eat potatoes
- Measure potatoes using rulers & cubes
- Dig for potatoes in sensory bin (Annex in their garden)
- Potato rooting experiment
- Compare weights using a fulcrum scale
- Discuss potato origins (view world map)
- Sing “In Old Peru” & other songs with banjo-guitar & percussion instruments (Twos, Tods, & babies)

Vocabulary

- Scale, weigh
- Potato, tuber
- Grow, big, small
- Red, gold, purple

Objectives

- State observed differences in various potatoes
- Follow directions while playing a group game
- Make comparisons by weight, size, & color

Sept 22-25 — Apples

Activities

- Apple tasting & create a preference graph
- Discuss the apple life-cycle & origins (view map)
- Sing “Two Little Apples” with ukulele
- Discuss ways to prepare & eat apples
- Order the life-cycle of an apple tree by season
- Match seeds to numerals on apple cut-outs
- Drawing with crayons, tracing with markers
- Farm & food puzzles

Vocabulary

- Red, green, yellow, gold
- Apple, tree, farm, orchard
- Life-cycle

Objectives

Grapes from one of our vines —

- Observe & taste various types of apples
- Create an apple preference graph
- Order the yearly seasons of an apple tree
- Count out seeds & match to numerals



Sept 29-Oct 2 — Birds

Activities

- Song in Spanish: *Los pollitos* (The Chicks)
- Books: Where Do Birds Live & The Beak Book
- Bird specimen jars, bones & photos
- Discuss migration
- Make birds from shapes
- Discuss bird habits & diet
- Speculate about the uses of various beaks

Vocabulary

- Bird, feather, beak, egg
- Migrate/migration
- Hen, rooster, chick, goose, duck
- Diet

Objectives

- Describe what migration is
- Express bird traits
- Observe preserved bird specimen & parts
- Sing in Spanish
- Use fine-motor skills to assemble birds



Shirley is our last remaining chicken. Of our four chicks, she was the only hen! We'll look for replacements